

Anxiety Disorders

CHI Formulary Treatment algorithm

Treatment algorithm- December
2023

Supporting treatment algorithms
for the clinical management of
Anxiety Disorders

Figures 1 to 3 outline a comprehensive treatment algorithm on **the management of Anxiety disorders** aimed at addressing the different lines of treatment after thorough review of medical and economic evidence by CHI committees.

For further evidence, please refer to CHI **Anxiety Disorders** full report. You can stay updated on the upcoming changes to our formulary by visiting our website at <https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/IDF.aspx>

Our treatment algorithm offers a robust framework for enhancing patient care and optimizing treatment outcomes across a range of treatment options, holding great promise for improving healthcare delivery.

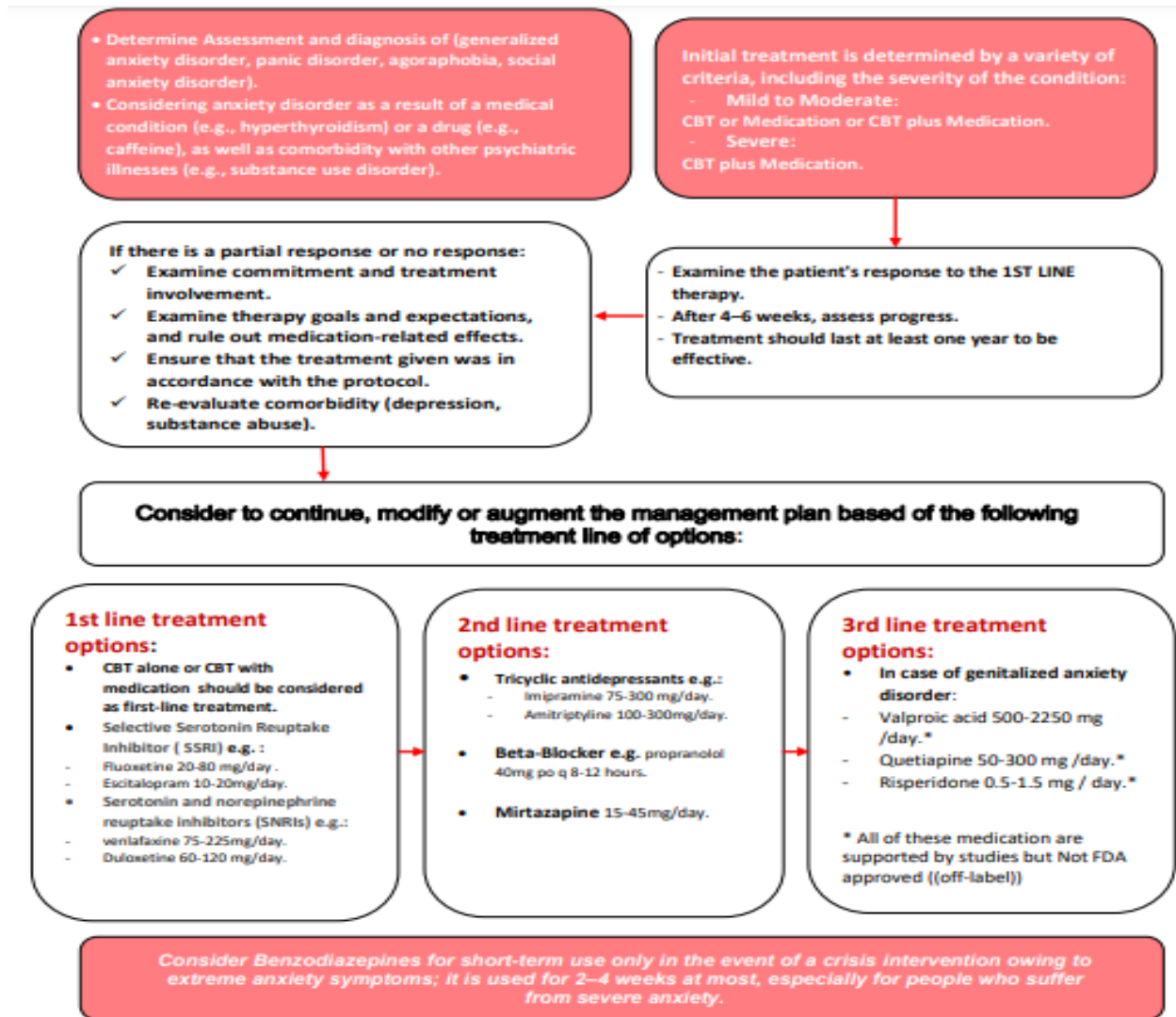


Figure 1: Management of Anxiety disorders

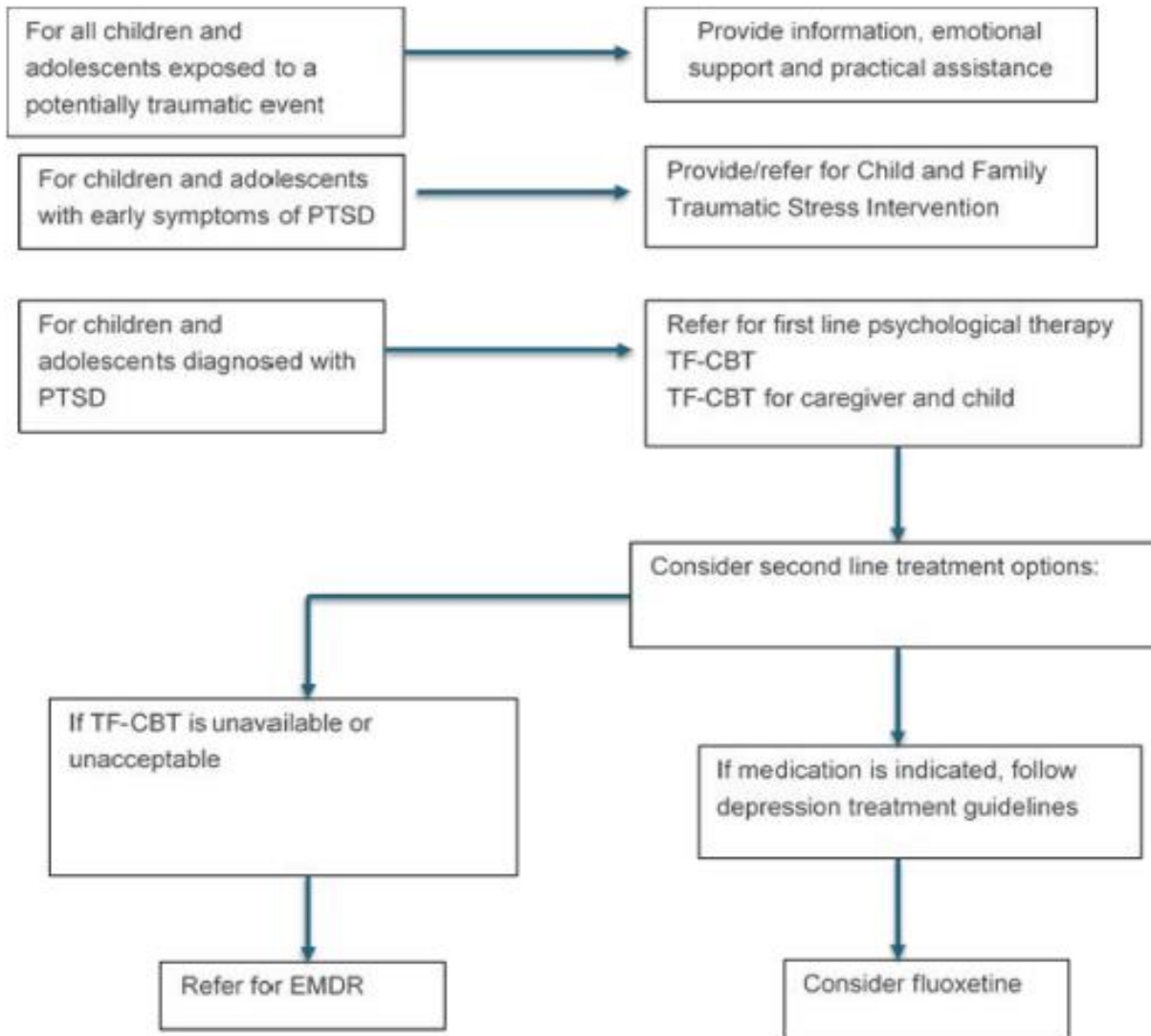


Figure 2: Management of Anxiety disorders in children and adolescents exposed to trauma

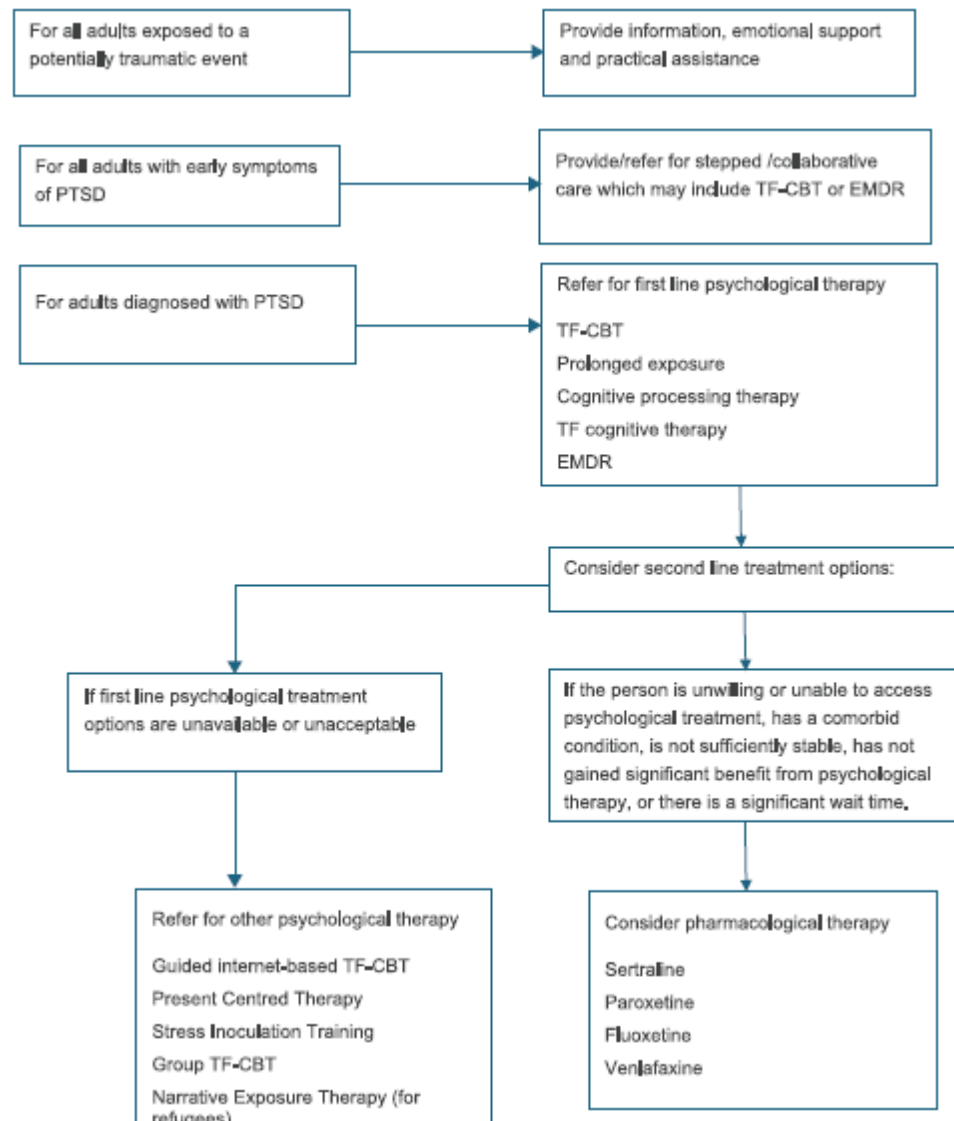


Figure 3: Management of Anxiety disorders in adults exposed to trauma

³ Australian guidelines for the prevention and treatment of posttraumatic stress disorder: Updates in the third edition